

# DENTISTRY TODAY

1947 Citrona Dr. • Fernandina Beach, FL 32034 • (904) 261-7181 • www.ameliadental.com



COMPREHENSIVE  
DENTISTRY

Office Hours: Monday - Thursday 8:30 - 5:00, Friday 8:30 - 1:00

## Welcome Dr. Jennifer Mokris



We are pleased to announce Dr. Jennifer Mokris joined our dental practice in June. Dr. Mokris is a general dentist providing comprehensive dental care for adults and children. Dr. Mokris graduated from the University of Florida with a Bachelor of Science Degree in Food Science and Human Nutrition with a minor in Business Administration. She received her Doctor of Dental Medicine Degree from the University of Florida, College of Dentistry in 2011. She is married to Dr. Brad Mokris, who is an Orthodontist. Dr. Mokris, her husband, and

three children Avery, Reese, and Austin moved to Amelia Island from South Carolina. Dr. Mokris is excited to be back in Fernandina, having grown up here. She is the daughter of Robert and Donna VanPuybrouck.

## Medical Information Updates

Please understand that we will ask you to update your medical information with us, in writing, once per year. On other visits, we will verbally confirm your medical information. This is due to the fact that numerous medical conditions can have an effect on your oral health. Also, certain dental procedures may need to be modified depending on your past or current health conditions. Please bring a list of your medications to all appointments. Many medications, including some over the counter medications, supplements and vitamins, can have a negative effect on your dental health.



## First Aid for Dental Emergency

*What should you do if a permanent tooth is knocked out?* First find the tooth. Handle the tooth by the top, crown portion, not the root. Rinse the tooth off but do not scrub it. Try to reinsert the tooth into the socket. Hold the tooth with a gauze or cloth. If you cannot reinsert the tooth, transport the tooth in a cup containing milk or water. Apply pressure to the gum with gauze or paper towel to help control any bleeding. Call our office immediately. Time is a critical factor in saving the tooth.

## Information Updates Via E-Mail

Updates to your address, phone number and insurance information can be sent via email. Please send changes to:

[office@ameliadental.com](mailto:office@ameliadental.com)



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## Joint Replacement Patients

For people who have had hip, knee, or other joint replacement surgery, the American Dental Association, and our dental practice, **does not** routinely recommend taking antibiotics prior to dental procedures. This antibiotic premedication is only needed for a limited number of medical conditions. Your dentist will review your medical history with you and determine your individual needs after joint replacement surgery.

## Mission of Mercy

In April Dr. Owens, Dr. Kitson, Dr. Garrett, office manager Teresa, dental hygienists Amy and Patti, and dental assistant Mikayla volunteered at the Mission of Mercy Event in Jacksonville, at the Prime Osborn Convention Center. This is the second Mission of Mercy event to be held in Florida. 2,465 people volunteered for the Mission of Mercy, including 589 dentists, and provided patient care to 2,930 patients in two days. What a blessing to see such an event in our community.

Also in April, Dr. Bietenholz with his assistants Mistye and Erica, and Dr. Garrett with his assistants Carrie and Shannon, provided dental care on the Mobile Dental Bus, which was stationed in Yulee for the week. The Florida Baptist Convention owns a mobile dental bus that moves around the state, allowing local dentists to provide dental care to those in need.